

These actions complement the overall Health and Wellbeing Plan and Resource Database. Council has agreed to prioritise the same H&WB issues as Maldon District Council, namely: - Reducing Social Isolation, Promoting Good Mental Health, and Tackling Obesity (exercise and healthy eating), as marked in Blue below. Other areas remain important and can be followed through opportunistically. As well as focusing on priorities, the working group will communicate this work widely through social media, leaflets, website, and have a presence at Town Events such as Art Trail, Quay Day, Carnival, Festive Fayre for feedback

BURNHAM-ON-CROUCH		HEALTH & WELLBEING ACTION PLAN				October 2023
Improving Food Provision	Increasing Youth Facilities	Reducing Social Isolation	Improving Mental Health	Increasing Physical Activity	Encouraging Healthy Eating	Improving SEND support provision
Lead – SB and PW	Lead – Cllr Stanbury	Community Leaders	Invite Community Lead	Invite Community Lead	Invite Community Lead	Community Leaders
Work with community leaders from Foodbank, CVS, Churches and others to deliver proposal to retain Southminster Food bank as the central store and develop local delivery hubs in B-o-C and other parts of the Dengie.	Investigate resources already in place through ECC, MDC and local Churches, youth workers and others to pull together an overall picture of Youth support / facilities in the Town.	Work with Maldon CVS, Maldon Community Forum, the Village Hall, Churches, Cafes and others to develop appropriate social drop-ins for people who may find this a good way to relieve isolation.	Provide information and links in the Town's H&WB plan, and Resource Database, including various helplines. This also includes safeguarding for adults and children.	Provide information and links in the H&WB plan and Resource Database.	Provide information and links in the H&WB plan and Resource Database	Work to understand the local SEND provision and discover the gaps in support.
Update BTC on locations of hubs and how they will work and help promote Foodbank access	Identify gaps in support and consider how these gaps might be filled.	Promote and publicise all the groups those who are socially isolated may be interested in joining and find ways to help introduce them and build confidence.	Identify gaps in support and consider how these gaps might be filled.	Identify gaps in support and consider how these gaps might be filled.	Identify gaps in support and consider how these gaps might be filled.	Work with local activists and others to achieve improvements to local support..
	Exploring possibilities with Youth and other Councils		Together with Environment Committee -walk the footpaths and report condition.		Food Festival Reduce Food Packaging waste	Invite SEND leaders to update the group

