Burnham on Crouch Town Council

Health and Well-being Implementation Plan

This complements the overall Health and Wellbeing Strategic Plan and Resource Database agreed at Council 15th March 2022

As well as focusing on these key areas of work, the working group will communicate this work widely by 1). having a presence at Town events such as the Art Trail, Jubilee Celebrations, Quay Day, Carnival, and Festive Fayre to communicate this information and receive feedback so that the plan can be developed and improved. 2). Developing a dedicated webpage and Facebook page to promote the information widely and receive feedback from residents.

BURNHAM-ON-CROUCH HEALTH & WELLBEING IMPLEMENTATION PLAN APRIL 2022						
Improving Food	Increasing Youth	Reducing Social	Improving Mental	Increasing Physical	Encouraging	Improving SEND
Provision	Facilities	Isolation	Health	Activity	Healthy Eating	support provision
Lead – SB and PW	Lead -	Lead -	Lead -	Lead -	Lead -	Lead -
Work with	Investigate resources	Work with Maldon	Provide information	Provide information	Provide information	Work to understand
community leaders	already in place	CVS, Maldon	and links in the	and links in the	and links in the	the local SEND
from Foodbank, CVS,	through ECC, MDC	Community Forum,	Town's H&WB plan,	H&WB plan and	H&WB plan and	provision and
Churches and others	and local Churches,	the Village Hall,	and Resource	Resource Database.	Resource Database	discover the gaps in
to deliver proposal to	youth workers and	Churches, Cafes and	Database, including			support.
retain Southminster	others to pull	others to develop	various helplines.			
Food bank as the	together an overall	appropriate social	This also includes			
central store and	picture of Youth	drop-ins for people	safeguarding for			
develop local delivery	support / facilities in	who may find this a	adults and children.			
hubs in B-o-C and	the Town.	good way to relieve				
other parts of the		isolation.				
Dengie.						
Update BTC on	Identify gaps in	Promote and	Identify gaps in	Identify gaps in	Identify gaps in	Work with Chantelle
locations of hubs and	support and consider	publicise all the	support and consider	support and consider	support and consider	Poulter a local activist
how they will work.	how these gaps	groups those who are	how these gaps	how these gaps	how these gaps	and others to achieve
	might be filled.	socially isolated may	might be filled.	might be filled.	might be filled.	improvements to
		be interested in				local support
		joining and find ways				
		to help introduce				
		them and build				
		confidence.				
Help promote						
Foodbank access.						